

St. Cecilia's Public School (Minority)

(Sr. Sec. Recognised & Affiliated to CBSE)
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Ref. No. St.CPS/2015/16/SP/13

Dated: 24.09.2015

Subject : Advisory for Dengue Control Prevention and Protection.

Dear Parents,students,visitors and all the staff members

In continuation to the advisories/guidelines being issued from time to time, following guidelines issued by the Directorate of Education vide circular no. DE.23(386)/Sch.Br./2015/1385 dated 15.09.2015 may kindly be observed in the interest of safety and well being of everyone.

Do's

- Keep all the water containters/overhead tanks etc. properly covered.
- Dry all the desert coolers and containers in house, offices, factories, schools etc. once a week.
- Add two table-spoons of Petrol/kerosene oil in desert coolers, containers, uncovered/improperly covered tanks etc. If they can't be dried weekly.
- Use mosquito repellants on exposed parts during daytime to prevent mosquito bites.
- Wear full sleeved clothes and long dresses/trousers that cover arms and legs, especially during epidemic season to prevent mosquito bite.
- Use mesh doors/windows, mosquito coils, vapour mats etc. to keep mosquito away.
- Use bed nets even during day time especially for infants and small children.
- Protect dengue patients from mosquito bites by any of above methods.

Don'ts

- Don't let water to collect in and around houses, offices, schools, factories etc.
- Don't let broken earthenware, bottles, pots, flower vase etc. to collect outside or on roof tops.
- Don't leave water in desert cooler when not in use
- Don't store water uncovered or in not properly covered containers/tanks.
- Don't store tyres outside in workshops, godowns etc.
- Don't give aspirin/brufen to patients with dengue fever

P.T.O.

Advisory for all for Dengue

Dengue

Dengue is a viral disease which spread in the family and community by the bites of Dengue mosquito – *Aedes aegypti*. This is also known as break bone fever and a self limiting disease.

Symptoms

- Abrupt onset of high fever
- Severe frontal headache
- Pain behind the eyes which worsens with eye movement
- Muscle and joint pains
- Loss of sense of taste and appetite
- Measles-like rash over chest and upper limbs
- Nausea and vomiting

Treatment

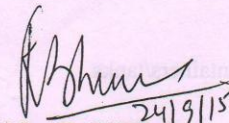
There is no specific treatment available as such. Therefore symptomatic treatment and case management is only way

- Don't be panicky as dengue is a self limiting disease
- Patient should be given lots of fluid and drinkables
- The patient should be advised to take rest under mosquito net, avoid movements and should take rest till the recovery phase is over(3-8 days)
- In any fever in the dengue season avoid taking Asprin(disprins) tablets. Paracetamol tablets are recommended for fever and body ache.
- Consult doctor and get proper diagnosis at the earliest for appropriate management.

Your wholehearted cooperation will be highly solicited.

We wish you all a good health.

With warm regards,


24/9/15
Mrs. R. BHUMRA
Principal
St. Cecilia's Public School