

Ref. No.St.CPS/2020/21/SP/06

Dated: 19.06.2020

Subject:- Online Celebration of International Day of Yoga on 21st June 2020

Dear Parents,

I hope you all are in good health and safe at home during the disturbing times of pandemic COVID 19. Yet, life needs to be resumed with physical as well as mental fitness.

The United Nations declared 21st June as International Day of Yoga which is celebrated worldwide since 2015 with vigour and enthusiasm to spread awareness about the importance and effects of yoga on the health of people.

In view of the Covid-19 pandemic, this year's 'International Yoga Day' will be celebrated on digital media platforms. This year's theme is "Yoga at Home and Yoga with family'.

All students must join the celebration virtually at 7 am on June 21, 2020 as per the given link-International Day of Yoga-2017.

www.youtube.com-link-<https://youtu.be/KH1Sdddth0>

For further details kindly refer to the link

http://www.edudel.nic.in/upload/upload_2019_20/117_166_dt_17062020.PDF

All parents are requested to encourage all students to participate in the event.

Regards

Mrs.InderpreetBhumra
Principal (Acting)
St. Cecilia's Public School