

St. Cecilia's Public School (Minority)

(Sr. Sec. Recognised & Affiliated to CBSE)

F – Block, Vikaspuri, New Delhi – 18

Tel.: 45535761, 45535762

Ref. No. St. CPS/2020/21/SP/09

Dated: 26.06.2020

**St. Cecilia's Public School
International Yoga Day Celebration**

Dear Parents and students,

I appreciate the noble efforts of students and parents who made the Online Celebration of International Day of Yoga on 21st June 2020 a huge success by joining virtually on YouTube, the special Live Session to celebrate the International Yoga Day 2020 which was conducted by Ms. Shilpa Shetty a renowned fitness icon and experienced yoga practitioner. A special applaud for all the students for active online participation in making the online celebration a success.

I specially congratulate the students who uploaded their yoga videos showcasing precision that Yoga is a way of life. It is good for mind, body and soul. Yoga is a light which once lit will never dim.

In our constant endeavour to carry forward the overall physical, mental and emotional well being of the school students specially during the difficult times of pandemic COVID 19, CBSE in partnership with Fit India Mission organized a special Live Session to celebrate the International Yoga Day 2020 which was attended by our students with full zeal. The session was designed to meaningfully engage children through fun and educational aspects of Yoga.

I also hope that the parents will continue to reinforce positive thinking in their wards during this difficult time and continue to encourage the students to be motivated to participate in all future events and competitions.

https://drive.google.com/file/d/1FID2S3uf0BUwI5HW_eZkYRKfSCDbLVsf/view?usp=drivesdk

Regards

Mrs. Inderpreet Bhumra
Principal (Acting)
St. Cecilia's Public School