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CIRCULAR

Dated: 19.09.2025

Subject: Prevention against Vector-Borne diseases

Dear Parents

It is rightly said, "The prevention of health is easier than the cure of the disease."

Rainy season brings with it a number of vector-borne diseases such as Dengue, Chikungunya & Malaria. Their onset can upset students' health and daily schedule. Hence, as caregivers and guardians, it is our topmost priority to keep them safe and disease-free for good health and wellness.

In continuation with the advisory issued by the Directorate of Education, Govt. of NCT of Delhi, preventive measures must be observed for the safety of everyone, so that students stay healthy in school and at home.

DO's and DON'Ts for Dengue, Chikungunya & Malaria

DO's	DON'Ts
Cover all water tanks and containers with well fitted lids to prevent breeding of mosquitoes.	Do not keep water containers open as they can attract mosquitoes to breed.
Empty, scrub and dry coolers every week before refilling to prevent breeding of mosquitoes. Paint inside of coolers before use in summer.	Don't use old grass of cooler in the next season and properly dispose off the same.
Change the water of flower vases, plant pots, bird pots every week to prevent mosquito breeding.	Don't allow water to stagnate in and around houses in buckets, barrels, flower pots, bird baths, freeze trays, coconut shells etc.
Cover the toilet seat if going out of home for more than a week.	Don't depend only on platelet count for diagnosis of Dengue.
To avoid mosquito bites, wear full-sleeved clothing and use mosquito repellents. Put wire mesh on doors and windows to prevent entry of mosquitoes.	Don't allow children to wear short sleeved clothes and play in water puddles and stagnant water bodies.
Use bed nets at home and hospital during Dengue fever to prevent mosquito bites and to interrupt transmission, use aerosol, vaporizers (Coils/mats) during the day time.	Don't insist on hospitalisation in case of Dengue fever unless advised by a doctor as many Dengue patients do not require hospitalisation.
Take Paracetamol, plenty of fluids and rest in case of fever.	Don't use Aspirin, Ibuprofen, Nimesulide, and over the counter medicines for lowering down body temperature.
All unused containers, junk materials, tyres, coconut shells etc. should be properly disposed off.	Do not create panic. Dengue, Chikungunya and Malaria are treatable.

We believe that you will take note of the given measures for prevention against the said diseases.
We wish you all good health and wellness.

With warm regards,

Inderpreet Bhumra
Principal